# Curriculum Vitae Yoshiko Usami Sienkiewicz (AKA Yokko) 70 Dahill rd. Apt 4k Brooklyn, NY 10027 541.653.6557

Email: yokko@yokko-online.com

<b>EDUCATION</b>			
MFA	The Actors Studio MFA Program at Pace	Acting	2012
	University		
BA	University at Albany (SUNY)	Theatre	2009
Attended	University of Oregon	Theatre Arts	2006 - 2008
BA	KoKuShiKan University, Tokyo, Japan	Business	2000

# **PART-TIME TEACHING EXPERIENCES**

Pace University Actors Studio Drama School, MFA Pace Performing Art, BA	Adjunct Associate Professor	Movement for Actors	Sep. 2021 - Present
The New Group / LIU Brooklyn (BFA Acting Studio Program)	Adjunct Faculty	Movement for Actors	Sep. 2019 -Present
Brooklyn College MFA in Acting	Adjunct Faculty	Kinetics/Movement	Fall 2020
Actors Studio Drama School MFA At Pace University	Guest Lecturer	Japanese Theatre Japanese Play Butoh & Movement Japanese Theatre Devised Theatre Japanese Theatre Butoh & Movement Japanese Theatre Japanese Theatre	Oct. 2021 Feb. 2021 Fall 2020 Oct. 2020 Oct. 2019 Nov. 2017 Mar. 2017 Mar. 2015
Atelier Teatro Fisico, Turin, IT (Performing Arts University) Butoh & Movement for Professionals 2020 Butoh & Movement for Creation 2019 Physical Theatre Spring 2018 Movement for Actors Spring 2018 Butoh & Movement for Physical Theatre Advan Butoh & Movement for Physical Theatre Basic		Butoh Movement for Actors Physical Theatre	Dec. 2016 -2020
Long Island University Brooklyn BFA Dance Program, Winter Concert	Visiting Teaching Artist	Butoh	Fall 2019
St. Lawrence University, Canton, NY	Visiting Teaching Artist	Butoh & Movement	Sep. 2016

		Japanese Theatre Japanese Philosophy	(1 week)
Ren Gyo Soh, NYC Training Course: Butoh & Movement Spring 202 Training Course: Butoh & Movement Fall 2020_ Summer Training Weekly Class July - August, 202 Training Course: Butoh & Movement Spring 202 Butoh & Movement for Actors, Thyme Arts, LA, Butoh & Movement for Actors, YMCA, LA, CA Weekly Classes 2017-2018 Transformation Workshop (3-4 times a year) 201	10 weeks online 20_9 weeks online 20 hybrid , CA Jan. 2020 Oct. 2018	Butoh & Theatre	2014 - Present
The Ume Group School, NYC 12 weeks Physical Theatre Course Spring/Winter 201 Butoh & Movement for Physical Theatre Workshop 2 12 weeks Physical Theatre Course Spring/Winter 201 Butoh & Movement for Physical Theatre Workshop 2 12 weeks Physical Theatre Course Fall 2015 (co-teach Creating Physical Theatre Workshop, LA, CA, June 2 Creating Physical Theatre Workshop, NYC Nov. 2013	017 6 (co-teaching) 016 hing) 013 (co-teaching)	Physical Theatre	2013-2017
OTHER TEACHING EXPERIENC Resonant Bodies:ONLINE Butoh Performance Intensive City College of New York (CUNY)	<b>E</b> Teaching Artist (Co-teach) Teaching Artist	Butoh for Physical Theatre Japanese Theatre	June 2021 April. 2021

Resonant Bodies: ONLINE Butch Performance Intensive	Teaching Artist (Co-teach)	Butch for Physical Theatre	June 2021
City College of New York (CUNY)	Teaching Artist	Japanese Theatre	April. 2021
City College of New York (CUNY)	Teaching Artist	Japanese Theatre	Oct. 2020
Resonant Bodies: ONLINE Butoh Performance Intensive	Teaching Artist (Co-teach)	Butoh for Physical Theatre	June 2020
Vibrance: Center for Voice & Movement	Teaching Artist	Butoh & Movement	Oct. 2020
LIU Brooklyn Summer Program	Teaching Artist	Movement	July 2019
Stella Adler Academy of Acting	Teaching Artist	Butoh & Movement for Actors	June 2019
Resonant Bodies: Jordan Rosin, LA, CA	Teaching Artist	Butoh & Devising	June 2019
The Actors Studio	Teaching Artist	Butoh	May 2019
Resonant Bodies: Jordan Rosin, LA CA	Teaching Artist	Butoh & Devising	June 2018
St. Margaret's House, Edinburgh, UK	Teaching Artist	Butoh	May 2018
Colt Center, NYC (Drama League)	Teaching Artist	Butoh & Movement for Theatre	April 2018
SUNY New Paltz, NY	Teaching Artist	Butoh & Movement for Theatre	Feb. 2018
Hewitt School, NYC	Teaching Artist (co-teach)	Physical Theatre	Nov. 2017
Tiyatro Medresesi, Izmir, Turkey	Teaching Artist	Butoh & Movement	Sep. 2017
T. Schreiber Studio, NYC	Teaching Artist (co-teach)	Physical Theatre	July 2017
Amherst College International Conference	Guest Artist	Butoh & Movement for Theatre	Mar. 2017
SUNY New Paltz, NY	Teaching Artist	Butoh & Movement for Theatre	Feb. 2017
Butoh WS, Edinburgh, Scotland	Teaching Artist	Butoh	Aug.2015
Butoh WS, Warsaw, Poland	Teaching Artist	Butoh	Jun. 2015
La Guardia Community college	Teaching Artist	Butoh	May.2015
Asian Heritage Celebration			

# **CHOREOGRAPHING**

En: 2021 (zoom)	Ren Gyo Soh Online Production	2021
No One (Film)	Premier at a film festival, Film Maudit 2.0 at Highways, LA, CA	2021
Oblivion (Film)	Premier at a film festival, Film Maudit 2.0 at Highways, LA, CA	2021

Pause; Yet Life Goes On (Vide	eo) Moving Bodies Butoh & Live Arts Festiv	al, Turin, Italy	2020
Duality	Guest Choreographer LIU Brooklyn Wir		2019
I am Here with All of You	Guest Choreographer LIU Brooklyn Wir		2019
<i>En (BAC Grant recipient project)</i>	Triskelion Arts, Brooklyn, NYC		2019
Hide Your Fires	Hollywood Fringe Festival, LA, CA		2019
	Teatro 3D at Atelier Teatro Fisico, Turin,	Italy	2018
	United Solo 2017 at Theatre Row, NYC		2017
	Pan Asian Rep's NU Work Festival at The	atre Row, NYC	2017
Thou Art in Desire	CollabFest 2016 at Triskelion Arts		2016
SHINKA	Teatro 3D, Atelier Teatro Fisico, Turin, Ita	aly	2019
	Planet Connections Theatre Festivity 2013	•	2018
	D.C Capital Fringe 2017		2017
	Triskelion Arts		2016
Shira Hime Ryu	New York Butoh Institute Festival		2018
	Women Between Arts at New School		2017
Butoh Medea	Cheb Monodrama Festival, Cheb, Czechia	a	2019
	Thespis Festival, Kiel, Germany		2018
	Hollywood Fringe Festival, LA-CA		2018
	La Cavallerizza, Turin, Italy		2018
	International Monodrama festival, Turkey	r	2017
	Kumble Theatre, at LIUBrooklyn		2017
	Amherst College / International Conferen	ce	2017
	Teatro 3D, Turin, Italy		2016
	St. Lawrence University, Canton, NY		2016
	Hewitt School, NYC		2016
	United Solo NYC 2015		2015
	Edinburgh Festival Fringe 2015		2015
	United Solo Europe 2015		2015
	ONE Festival 2015		2015
	United Solo 2014		2014
A Green Bird	La Guardia Performing Arts Center		2015
SHINKA-Evolution-	Ren Gyo Soh Butoh Festival		2015
The Red Shoes	Alphabet Sanctuary		2014
	The Workshop		2015
Hoichi-the earless-	Butoh Festival in Brooklyn		2014
KIZUNA –connection-	Frank Sinatra Performing Center		2012
Hope from the Chaos	Frank Sinatra Performing Center		2012
DIRECTING			
In Our Hands (Devised)	Long Island University Brooklyn BFA	Director	2021
En: 2021	Ren Gyo Soh	Director	2021
En. 2021 En	Triskelion Arts	Director	2021
SHINKA: Italy	Teatro 3D, Atelier Teatro Fisico	Director	2019
~	104110 512, 1101101 104110 1 15100		2017

SHINKA 2018	Planet Connection Theatre Festivity	Director	2018
Social Action Project	Piazza Castello, Turin, IT	Director	2018
SOLOs	The Lab at Grace & st. Paul Church, NYC	Director	2017
SHINKA 2017	D.C Capital Fringe 2017	Director	2017
Social Action Project	Grace & St. Paul Church	Director	2016
SHINKA 2016	Triskelion Arts	Director	2016
YURAGI	Unfix NYC 2016	Director	2016
Cappricho	Dixon Place, NYC	Co-director	2015
The Name of Action	Ren Gyo Soh Butoh Festival	Director	2015
SHINKA-Evolution	Ren Gyo Soh Butoh Festival	Director	2015
Truth or Dare in Process	Satano, NYC	Co-director	2015
SHINKA –evolution-	Kraine Theatre, NYC	Director	2013

# ACTING (THEATRE)

Butoh MedeaMedeaCheb Monodrama Fes, Cheb, Czechia2019Hide Your FiresLady MacbethLounge Theatre, LA, CA2019Butoh MedeaMedeaThespis Festival, Kiel, Germany2018Butoh MedeaMedeaStephanie Fuery Studio Theatre, LA, CA2018Hide Your FiresLady MacbethTeatro 3D, Turin, IT2018Butoh MedeaMedeaCavallerizza Irreale, Turin IT2018Butoh MedeaMedeaCavallerizza Irreale, Turin IT2018Butoh MedeaLady MacbethTheatre Row, NYC2017Other Planets HeartsLittle PrinceDixon Place, NYC2017Butoh MedeaMedeaMedeaStephanie Fuery Stoolyn, NYC2017Butoh MedeaMedeaMedeaStephanie Row, NYC2017Butoh MedeaMedeaMedeaStephanie Row, NYC2017Butoh MedeaMedeaMedeaStephanie Row, NYC2017Butoh MedeaMedeaMedeaStephanie Row, NYC2017Butoh MedeaMedeaGapitano NakamuraIrondale Center, Brooklyn, NYC2016Lysistrata ProjectCapitano NakamuraIrondale Center, Brooklyn2016Butoh Medea at United Solo 2015MedeaMultiple locations (USA)2015Butoh Medea at United Solo EuropeMedeaParadise in The Yaut, Edinburgh, UK2015Butoh Medea at United Solo EuropeMedeaFeatre Row, NYC2015Butoh Medea at United Solo EuropeMedeaPuerto Rican Traveling Theatre, NYC2015<
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97 Orchard Street (Around the Block) Chinese Immigrant Multi-Locations, NYC 2014
BALDYSolo-ShowCenter of Remembering & Sharing2014
The Lady in Red Converse with DiabloMermaidArt @ Renaissance2013
BALDY at United SoloSolo-showTheatre Row, NYC2013
SKIN A Woman 133rd Street Art Center, NYC 2013
<i>BALDY</i> at Hollywood Fringe Solo-show Theatre Asylum, Hollywood, CA 2013
True Heart (The Session)YasakoThe Session, The Actors Studio2013
The Madwoman of ChaillotIrmaThe Session, The Actors Studio2013
Flounder ComplexNan WallaceThe Session, The Actors Studio2012
Butoh ElectraClytemnestraIrondale Center, Brooklyn, NYC2012
BALDY at FringeNYCSolo-showGene Frankel Theatre, NYC2012

Dirty Heart (by Sonia Sanchez)
The Homecoming (Showcase)
The Producers
The Woolgatherer
Project: Migration (S. Reading)
Butoh Electra at FringeNYC
My Shanghai Baby (S. Reading)
Odyssey
BALDY & The Short Plays Festival
Helen: Greco-American (Showcase)
Othello
Antigone
M*A*S*H
Lotus Lessons

#### **DANCE / MOVEMENT**

No One PAUSE; Yet Life Goes On En (BAC Grant recipient work) Body Concert at Labapalooza SHIRA HIME RYU Anatomy: Finest Cuts SHIRA HIME RYU SHINKA 2017 Hijikata Tatsumi-the last Words FACET YURAGI at Unfix NYC 2016 Cappricho A Green Bird Truth or Dare The Red Shoes Isis Variations at Fringe NYC Cappricho FACET Sawaha -I burn; so be it-FACET Quise-Luca Limpieza SHINKA-evolution-**Quise-Maria** Autumn Leaves & Elements Autumn Leaves & Elements Hope from the Chaos

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SHINKA-evolution-

Shigeko Ruth Chorus Girl Rose Kaguya Clytemnestra Wen Wen / Li Li Poseidon Baldy Helen Duke of Venice Tiresias Korean Girl Dancer

Dancer / C

Dancer/Co-c

Dancer / co-c.

Dancer/C

Dancer/c.

Dancer / c.

Dancer / c.

Dancer

Dancer

Dancer

Dancer

Dancer

Dancer/c.

Choreographer

Dancer/co-c.

Choreographer

Dancer

Dancer

Dancer

Forth Street Theatre, NYC Li The Tank, NYC The Wings Theatre, NYC Dorothy Strelsin Theatre, NYC Looking Glass Theatre, NYC PAC Main Stage, Albany, NY Albany, NY Arena Theatre, Eugene, OR Film Video Work Triskelion Arts

Adrienne Theatre, Philadelphia, PA

The Actors Studio, NYC

Theatre 54, NYC

Dance New Amsterdam, NYC Dance New Amsterdam, NYC 2012 2012

2012

2012

2011

2011

2011

2010

2010

2010

2010

2009

2009

2008

2020

2020

2019 St. Ann's Warehouse, Brooklyn, NY 2018 New York Butoh Institute Festival 2018 Traverse Theatre, Edinburgh, UK 2018 2017 Women Between Arts at New School D.C. Capital Fringe 2017 UNFIX JAPAN, Tokyo, Japan 2017 Irondale Center 2016 Grace & st. Paul Church 2016 Dixon Place, NYC 2015 La Guardia Performing Arts Center 2015 Satano, NYC 2014 Alphabet Sanctuary, NYC 2014 The 14th Street Y Theatre 2014 Satano, NYC 2014 John Ryan Theatre, NYC 2013 Dixon Place, NYC 2013 Open Fest Theatre, CA 2013 Leni Mendez Video Art, NYC 2013 Leni Mendez Video Art, NYC 2013 KGB Show, Kraine Theatre, NYC 2013 Satano, NYC 2013 Satano, NYC 2013 The Ume Group at FLIC Fest Irondale Center 2013 The Ume Group at FLIC Fest Irondale Center 2013 The Ume Group at FLIC Fest Irondale Center 2013

Duo: Autumn LeavesDancerDixon Place, NYC2013Autumn LeavesDancerKGB Show, Kraine Theatre2012Autumn LeavesDancerGenesis Dance Project, QueensLeni Mendez Video Art, NYC2012KIZUNA -connection-Dancer/c.Queens TV, NICODA PR, NYC2012KIZUNA -connection-Dancer/c.Frank Sinatra Performing Arts CenterNICODA showcase, Queens2011Hope from The ChaosDancer/c.Frank Sinatra Performing Arts CenterNICODA showcase, Queens2011Hope From The ChaosDancer/c.Bronx Net. NYCNICODA PR2011Kappore (Japanese Dance)DancerCITI Asian Pacific Heritage Network, NYC (NICODA)2010ACTING (TV & FILM)SupportingDerrrruq!2020Planet b234SupportingKeelie Sheridan Film2019
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ACTING (TV & FILM)HODO BuzzSupportingDerrrruq!2020
HODO BuzzSupportingDerrrruq!2020
Planat b234 Supporting Kapia Sharidan Film 2010
<i>Tunet 0254</i> Supporting Reene Sherhdan Film 2019
Cloud-Kumo(Student Academy Silver Winter 2016)Lead Yvone Ng Film 2016
MAGOS Supporting Human Pictures 2016
<i>Himitsu</i> Lead Third Curtain Production 2014
Tenebrae LuxSupportingRyan Boran Production2014
The Cocks of the walkSupportingCaccioppoli Creative GroupFall 2013
MILK Supporting Sei-Yu Film, Fall 2013
Making Decision with Mates (Short) Supporting Dark Kidney 2013
Strawberry (Short)Featuredboa Production2012
TRICK 2 (TV)FeaturedTV Asahi Corp2004
PIKA XNCHI (Feature)FeaturedJ-Storm Inc.2004
PIKA☆☆NCHI (Feature) Featured J-Storm Inc. 2004
<i>Ikebukuro West Gate Park</i> –(TV) Featured TBS 2004
Above The Cloud Supporting KUZOKU 2003
(Award winning feature film)
MUSIC VIDEO
I don't know Where we went Wrong Butoh Dancer/C HOKO 2020
Dream Decay Butoh Dancer/C POW! 2019
Ready To Let GoButoh Dancer /CCage The Elephant2019
AUSENCIAS Butoh Dancer Amy Gardner / NOIA 2019
Too Much Money lead Automatic Band 2019
PLAYWRITING
BALDYCenter of Remembering & SharingSolo-Show2014
United Solo 2013 2013
Hollywood Fringe 2013 2013
FringeNYC 2012 2012
Baldy & The Short plays Festival 2010
ADAPTING

Butoh Medea	2014-
SOUND DESIGN	
Butoh Medea	2014-
Hide Your Fires	2017-
<b>PUBLICATIONS</b>	
Why Butoh Theatre	Dec. 2020
Published by Routledge	
Essay from Why the Theatre Edited by Sidney Homan	
In personal Essays, College Teachers, Actors, Directors, and Playwights Tell Why the Theatre	Is So Vital to Them

# HONORS, PRIZES, GRANTS, FELLOWSHIPS AND AFFILIATIONS

#### **Butoh Medea**

Winner of Best Actress (TVolution 2018 Hollywood Fringe Award) Winner of Best Physical Theatre (United Solo NYC 2015) Winner of Best One-Woman Show (United Solo NYC 2014) Winner of Best Choreography (United Solo NYC 2014) Recipient of Special Award (Thespis Festival 2018, Kiel Germany) Nominated for Asian Arts Award (Edinburgh Festival Fringe 2015) Nominated for Best International (Hollywood Fringe Festival 2018) Nominated for Best Dance & Physical Theatre (Hollywood Fringe Festival 2018)

#### **Hide Your Fires**

Winner of Best International (Hollywood Fringe Festival 2019) Winner of ENCORE Producers Award (Hollywood Fringe Festival 2019) Winner of Best Physical Theatre (United Solo NYC 2017) Winner of Best Sound Design (United Solo NYC 2017) with Jorge Olivo Nominated for Best O face Award (Hollywood Fringe Festival 2019)

#### <u>SHINKA</u>

Winner of Outstanding Premier Production of A Play (NY Innovative Theatre Foundation:NYIT Award 2019) Winner of Outstanding Choreography & Movement (NY Innovative Theatre Foundation: NYIT Award 2019) Winner of Outstanding Production of a Dance & experimental production (Planet Connections Theatre Festivity 2018) Winner of Outstanding Choreography (Planet Connections Theatre Festivity 2018) Winner of Outstanding Ensemble (Planet Connections Theatre Festivity 2018) Nominated for Outstanding Actress featured role (The New York Innovative theatre awards 2018-2019) Nominated for Outstanding Direction (NY Innovative Theatre Awards 2018-2019)

#### <u>OTHERS</u>

Nominee for Best Supporting Actress (Antigone, Planet Connection 2016) Nominee for Best International Performance (BALDY, Hollywood Fringe Festival 2013) Winner of "Best Female Performer" University at Albany (2008-2009). Nominated of "best independent film" of International Image Forum Festival 2000

#### GRANT & SCHOLARSHIP

A recipient of 2019 Brooklyn Arts Fund a new project, *En*. A recipient of International Understanding Award of International Affair of University of Oregon. A recipient of International Cultural Service Program (ICSP) at University of Oregon (2008-9)\*Scholarship

## **PRODUCTION REVIEWS**

*En* at Traskellian Arts in 2019: "En showcases Yokko and four other dancers beautifully imitating the movements of the natural world in more or less presentational ways, all expressed through the languid, deliberate movements of Butoh. "The show benefits from the occasional majestic appearance of Yokko herself, covered in ethereal white makeup, like a spirit of the earth."-Robert Viagas (Arts Independent)

*Butoh Medea* at Hollywood Fringe Festival 2018: "Yokko's performance was nothing short of spellbinding." (The TVolution - Ernest Kearney)

*Hide Your Fires at United Solo 2017:* "Her work is transcendent. Through the known means of theatrical traditions, styles, and choices, Yokko is taking you to places both unknown and fascinating. With her, you don't seat passively, simply watching the show, but you travel with her to witness the magical, and sometimes even quite scary, places she and her team are creating for you. Fasten your seatbelts for Yokko's show — it's gonna be a fascinating ride!"- New York Shukan Seikatsu, NYC (the interview with Omar Sangare, the artistic director of United Solo)

*Butoh Medea* at Edinburgh: "Each episode is accompanied by choreography that contorts the body into frightening shapes, expressing the pain of the woman scorned and her murderous intentions. The butoh is wonderful, shocking, expressive and paints an interpretation of Medea that captures her ferocious longing." – "The List", Edinburgh, Scotland

*Butoh Medea* at Edinburgh: "This play affected me like a chemical reaction. I could feel it in my blood. My senses were sharper, my adrenaline levels were higher and I left feeling primal and raw. Butoh Medea is visually superb; Yokko has created something that is so seldom seen, making this an unmissable show." – "The Absent Review", Edinburgh, Scotland

*Butoh Medea* at Edinburgh: Yokko's transformation into Medea is breath-taking: profound, tormented, physical, truly esoteric and poetic."

"Female Arts," Edinburgh, Scotland

*Butoh Medea* at Edinburgh: Yokko's performance is hauntingly striking. It deserves to be experienced." "Fest," Edinburgh, Scotland

*Butoh Medea* at Edinburgh: Yokko strikes that near-perfect balance between the popular and the niche. It's a revelatory performance in an astonishing piece of physical theatre. Yokko gives a stunning performance in this beautiful fusion of Western storytelling and Eastern dance."

-"A Differing View", Edinburgh, Scotland

*Butoh Medea* at United Solo Europe: "Not only with word, but also in the space behind it, Yokko can express the essence of the story and fullness of the character's emotions...Butoh Medea' is a deeply touching performance"-"Teatr Del Was", Warsaw, Poland

*Butoh Medea* at United Solo Europe: "The half of this monodrama consists of scenes in Butoh technique. FASCINATING! Trans, very loud music, brilliant lights (again mainly spotlights but in combination with a bit lighter background) and the actress who continues to uncover her body during a – and it's not quite clear how to name it – dance/ trans movements/ mystical rituals. These sequences are marvelous." - "kulturalnie.waw.pl", Warsaw, Poland

*Butoh Medea* at United Solo: "it was an unforgettable theatre experience....." "Her portrayal was exquisitely layered allowing the audience to feel a range of emotions watching her journey."-"Butoh Heart", NY, USA

*BALDY* at United Solo: "In this heartfelt examination and meditation on cultural and familial expectation, self-doubt and personal identity, Yokko grounds herself in her story as much as she does in the present moment, and her commitment to both is admirable. With or without hair, *Baldy* is a thing of wonder." –"*nyTheatre Now*", NY, USA

*BUTOH Electra* : "Another great performance is offered by Yokko as the Mother. Once she entered carried on a back: singing, unblinking. I remember her shoulders rolling coquettishly as she exited from a confrontation. Her every choice had an air of specificity and mystery.- "*NY Theatre.com*", NY, USA

*BUTOH Electra*: "-There are a few gems in Butoh Electra, Yokko as The Mother gives a strong performance." – "Arty Darty Show on WBAI 99.5 FM", NY, USA

*BALDY* : "Yokko has nurtured her seeds of beauty, they rooted, and in this unforgettable work of theatre, they have blossomed." -*NYTheatre.com*, NY, USA

*KIZUNA-connection-:* "Usami (Yokko) contorted herself through two martial-arts inspired dance routines. She allowed her nimble body to do all the talking."-*New York Daily News* 

#### OTHER ARTICLES

*Finding answers after the fall* : "Nearly a dozen characters are brought forth in this solo performance, exploring kinship, cultural expectations and personal identity, weaving the fantastic with the ordinary in her ongoing search for a singular voice." Rafu Shimpo –Los Angeles Japanese Daily News by Mikey Hirano Culross (2013)

Theatre Major Takes Center stage :"Goldstein said. "What defines her is she's an incredibly hard-working, talented, committed young woman who's trying to get the most out of everything she's doing."-Entertainment Albany Student Press-Jon Campbell (2009)

#### SKILLS & TRAININGS & CERTIFICATIONS

Language: Japanese, English

Physical skills: Yoga (Certified 200 hours-Vinyasa, 100 hours Therapeutic, Yoga Nidra), Butoh (Yumiko Yoshioka, Diego Pinion, Vangeline), Trish Arnold Movement (Merry Conway), Japanese Classical Dance (Nihon Buyoh-Wakayagi), Modern Dance, West African dance, Contemporary Dance (Dance Theatre), Improvisational Movement, View Points, Lucoq, Commedia Del Atre, Clowning, Grotowski, Suzuki, Basic Circus Skill, Japanese Martial Arts, Basic Stage combat, contact improvisation, Laban, somatic movement (Alexander, Feldenkrais) Voice: Linklater Voice (Shakespeare & Co., Linklater Center, MFA Program) Others: Reiki Master Teacher

## **REFERENCES**

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